Who's Who at Lakeside Rooms

© Lakeside Rooms Published Aug 2020





Psychologists

Terri Sheldon

(Clinical, Counselling and Educational & Developmental Psychologist)

Client Group: Infants, Children, Adolescents and Adults Specialising in: Depression, Anxiety and stress related disorders, Adjustment disorders, Emotional eating problems, Grief and loss, Life transition difficulties, Child developmental and mental health issues, Educational assessment, Enhancing resilience in children, Parenting skills and Professional supervision Therapies used: CBT, EMD-R, EFT and Psychodynamic Psychotherapy



Judy Robinson

Client Group: Children, Adolescents and Adults Disorders, Perinatal Depression, Anxiety, Grief and Loss, Adjustment Disorders, Perinatal Depression, Lifelong development, Transition and Supervision.

Therapies used: CBT, ACT, MBCT, Mindfulness based therapies, Psychodynamic, Family Therapy, Client focussed therapy, Interpersonal Therapy, Narrative therapy, Integrative Therapy and Behaviour Modification



Tina Cicolini Client Group: Adults

(Clinical Psychologist)

(Clinical Psychologist)

Specialising in: Depression, Anxiety, Adjustment to Health issues, Addiction, OCD and OCD Spectrum (Trichotillomania & Body Dysmorphic Disorder), and Borderline Personality Disorder. Therapies used: CBT, DBT and ACT



Jodie Watkins

(Clinical Psychologist) Client Group: Infants, Children, Adolescents and Adults Specialising in: Mood and anxiety disorders, behavioural, social and emotional problems, learning difficulties, ASD and developmental issues, eating disorders, parent-child interaction difficulties, parenting skills, professional supervision Therapies used: CBT, CBT-E, Maudsley FBT, Family Therapy, Attachment-based therapy, Parent management training, Play Therapy, Groups



Dr lan Platt (Clinical Psychologist) Client Group: Children, Adolescents and Adults Specialising in: Depression, Anxiety, Phobias, Grief and loss, Trauma, Relationship difficulties Therapies used: CBT, Schema Therapy, ACT

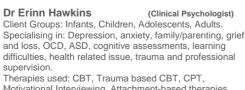


Leanne Jones (Psychologist) Client Group: School aged Children (5-17 years) Specialising in: Educational psychology, Cognitive, Clinical and Preventative Psychology Therapies used: CBT, Solution Focused Therapy, Mindfulness approaches, Play Therapy, EFT, Group therapy, ACT and Family Therapy, COGMED



Dr Andrew Harris (Psychologist) Client Group: Children, Adolescents and Adults Specialising in: Depression, Anxiety, Indigenous and Other Cultures, Complex trauma, Gendered issues, Anger, Violence, Emotion, Identity, Relationship communication, Families, Workplace dynamics and conflict, Training and Supervision Therapies used: CBT, Narrative Therapy





Motivational Interviewing, Attachment-based therapies, Parent Management training & Collaborative Problem Solving

Therapy abbreviations: ACT - Acceptance and Commitment Therapy CBT - Cognitive Behavioural Therapy CBT-E - Enhanced Cognitive Behavioural Therapy CPT - Cognitive Processing Therapy DBT - Dialectical Behaviour Therapy EFT - Emotional Freedom Technique EMDR - Eye Movement Desensitization and Reprocessing Maudsley FBT - Maudsley Family Based Therapy MBCT - Mindfulness Based Cognitive Therapy

Psychologists (cont.)

Julia Say











Sarah Orr

Psychology

Shannon Bloom

Client Group: Adolescents and Adults

(Psychologist)

Client Groups: Children, Adolescents, Adults Interest in: Depression, Anxiety, ASD, Relationships, Women's issues. Stress Therapies used: CBT, DBT, ACT, Motivational Interviewing

Psychiatrists

Dr Nigel Collings

Child Psychiatrist Interest in: the assessment and treatment of children aged 0-12 vears and their families

Dr David Furrows

Children and Adolescent Psychiatrist Interest in: Child and Adolescent psychiatrist Interest in assessment and treatment of children adolescents and their families. (Books are currently Closed)





Dr Richard Williams General Adult Psychiatrist

Interest in: Mental illness, Drug and alcohol and Dementia.



Clair Sykes Practice Manager BSocSci DipCoun

Call us today (07) 55 620 466

Robina, Broadbeach and Coomera

Find out more at www.lakesiderooms.com.au

(Clinical Psychologist)

Client Groups: Children, Adolescents, Adults and Families Interest in: Personality vulnerabilities, Identity issues, Attachment issues, Gender issues, Life cycle transitions, Anxiety, Depression Therapies used: CBT, ACT, DBT, Psychodynamic therapy,

Tania Krecek

(Psychologist) Client Groups: Children, Adolescents, Adults and Families

Interest in: Depression and mood related disorders; anxiety, OCD, phobias and related disorders; emotional difficulties; personality vulnerabilities; complex mental health problems. Therapies used: CBT, ACT, Psychodynamic therapy,

Jessica Hocking

(Psychologist)

(Clinical Psychologist)

Client Group: Children, Adolescents and Adults Interest in: Depression, Anxiety, Trauma, Substance Abuse, Psycho-Education, Attention-Deficit Hyperactivity Disorder (ADHD) and other childhood and neurodevelopmental disorders, and Phobias. Therapies used: CBT, TF-CBT, Exposure Therapy, ACT and

Mindfulness-based Approaches.

Interest in: Depression, Anxiety, Self Harm, Low self esteem,

Decreased resilience, Bullying concerns, Stress Therapies used: CBT, ACT, Schema Therapy, Positive



